

# \$ Stretch Your Dollar \$

## Stretch Your Leisure Dollar

Enjoy life. Frugal living doesn't mean you should stop having fun. Look for low cost or no cost fun things to do. Think about what you enjoy. Are there things you've always wanted to do? Here are a few ideas:

- Relax with friends and family. There are many fun things to do that cost little or no money. Play cards or board games. Host a pot luck dinner. Go on a picnic. Have a "popcorn and movie night" – borrow a movie from the local library and make your own popcorn.
- Exercise – Walk, run, hike, stretch, throw a Frisbee, play basketball, ride a bike, roller skate.
- Start a hobby - Join a group of people who share your interests, like a book club or Master Gardeners program. Learn to juggle or knit. Learn to play the harmonica.
- Take advantage of public parks, community centers, libraries and other free facilities.
- Look for discounts - Restaurants often offer coupons, specials, or discount nights to eat out. Find a discount movie theater. They often have specials of \$1 or less for admission.
- Attend free concerts, lectures, and museums. Watch the local newspaper for announcements of these and other community events.

Prepared by:

Laura Connerly, Instructor - Family Resource Management (lconnerly@uaex.edu), University of Arkansas Division of Agriculture, Cooperative Extension Service.

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